

Willowbend Surgery Center

FOR PATIENTS RECEIVING LOCAL ANESTHESIA

Things to know after scheduling your surgery:

BLOOD THINNERS

- Stop over the counter blood thinner such as Advil, aspirin, fish oil, or Meloxicam **7 days prior to surgery.**
- If you are taking a **prescribed blood thinner** you will need to discuss stopping the medication with the doctor that prescribed it. See the list of common blood thinners:
 - Celebrex
 - Coumadin
 - Diclofnac (Cambia)
 - Eliquis (Apixaban)
 - Etodolac (Lidine)
 - Lovenox (Enoxaparin Sodium)
 - Pradaxa
 - Plavix (Clopidogrel)
 - Vitamin K
 - Warfarin

The night before your surgery:

- Do NOT smoke after midnight as it may cause prolonged bleeding and delayed healing.
- Do NOT shave the operative area the night prior to surgery.
- Please complete your patient forms via DOCUSIGN. You will receive an email prior to surgery from the surgery scheduler containing admission paperwork.

The morning of your surgery:

- Removal all jewelry prior to arrival.
- Take a shower the night before with antibacterial soap (Dial or Safeguard)
- Please arrive at the surgery center 60 minutes prior to your scheduled surgery start time. (A nurse will contact you the day prior to surgery as a reminder with a finalized arrival time.)
- You may drive yourself home after surgery if you are not receiving any medications to help you relax.